

EYFS PRIME AREA: PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT

Intent: To provide opportunities for pupils to develop a positive sense of self, and create strong relationships with those around them. By learning how to manage their emotions, pupils will develop skills in co-operation and dealing conflict, in order to support their ability to achieve in school and later life.

By the end of nursery (based Development Matters) most children will be able to:	By the end of reception (ELG) most children will be able to:
<ul style="list-style-type: none"> • Talk about family and friends • Talk about similarities / differences between how we feel • Develop strategies for dealing with feelings, emotions and behaviours • Begin to make / develop new friendships • Understand how to deal with mistakes – take ownership of own learning • Understand cause and effect – follow school rules and routines • Celebrate other people's achievements 	<p>Self-Regulation</p> <ul style="list-style-type: none"> • Show understanding of own feelings and those of others and begin to regulate their own behaviour • Set and work towards simple goals appropriately, being able to wait for what they want and control their impulses • Give focussed attention to what the teacher says, responding appropriately • Show an ability to follow instructions involving several ideas or actions <p>Managing Self</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge • Explain the reasons for rules, know right from wrong and try to behave accordingly • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. <p>Building Relationships</p> <ul style="list-style-type: none"> • Work and play co-operatively and take turns with others • Form positive attachments to adults and friendships with peers • Show sensitivity to their own and others' needs

PSED: DIRECT TEACHING (order to be determined by teaching staff)

	Autumn	Spring	Summer
Nursery Self-Regulation	All about me and my family Learning about different emotions	Understand emotions / Talk about feelings	Show confidence in new situations (transition) Understand how other people might be feeling
Nursery Managing Self	All about me (self - care) – Toilet training and hand washing Introduce classroom rules and routines	Create and model activities designed to allow independence and perseverance in the face of challenge. Select and use resources independently Understand and follow rules and routines	Being healthy - exercise Talk with others to solve conflict Follow rules and routines without adult support
Nursery Building Relationships	All about me (co-operative play / positive relationships) Playing alongside others. Being aware of others in their environment.	Playing with one or more children, turn taking, sharing.	Being confident with unfamiliar adults. (transition)Extending playing ideas with others.
Reception Self-Regulation	Me, my family, my friends Adapt behaviour to match environment	Control their own impulses, being able to wait	Understanding of own feelings and how others might feel in a given situation
Reception Managing Self	Understand cause/effect consequences for actions. See themselves as a valuable individual Create and model activities designed to allow independence, resilience and perseverance in the face of challenge.	Healthy Eating Celebrate others achievements Explain reasons for rules	Being healthy: exercise Ownership of own learning. Mistakes are a part of learning
Reception Building Relationships	Me, my family, my friends (positive attachments, showing sensitivity) Make/develop new friendships Talk about own family and friends	Chinese New Year cultural similarities and differences. Why are we all different/same? (Show sensitivity to their own and others' needs) Understand other people's needs and feelings Discuss conflicts in play and negotiate solutions	Following instructions to build constructive and respectful relationships