

CoronaVirus Resource Directory

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If someone is in Immediate Danger – Call the Police on 999 or 101

Where can I access support for Domestic Abuse? If you have concerns about adults or children contact Redcar & Cleveland: Adults Access Team or Children & Families Services: Tel: 01642 771500

Local Domestic Abuse Support Services: 0300 4562214 <u>Website</u>

EVA Women's Aid: <u>Website</u> 01642 490677 Email: Info@eva.org.uk Web:

HALO Honour based violence, forced marriage and FGM: 01642 683045 Email info@haloproject.org.uk

Route 2: Offers support to individuals who are behaving abusively to partners and family members: 01642 441873 Email: info@route2.org.uk

Sexual Assault Referral Centre (for those who have experienced rape and other sexual offences) SARC: 01642 516888 Arch: 01642 822331

Men's Advice Line: 0808 8010327

	National Helplines	
Gov.uk Coronavirus (COVID-19)	0800 024 1222	Advisers can only talk to you about problems paying your taxes due to coronavirus (COVID- 19). This could be: Self Assessment—VAT—employers' PAYE
helpline		Corporation Tax
NHS		
Advice for everyone— Coronavirus (COVID-19)	111	If you have symptoms of coronavirus (a high temperature or a new, continuous cough)
The National Domestic Abuse Helpline	0808 2000 247	If you suspect you are being abused and need to speak to someone, there are people who can help you.
National Stalking Helpline	0808 802 0300	
Respect	0808 8010 327	the helpline for male domestic abuse victims
Galop	0800 999 5428	The LGBT and anti violence charity
Mind	0300 123 3393	 Ask us about: mental health problems where to get help near you treatment options advocacy services
National Breastfeeding Helpline	0300 100 0212	Independent, confidential, mother-centred, non-judgmental breastfeeding support and information
National Debt Line	0808 808 4000	Call to speak to an adviser 9am - 8pm Monday to Friday.
Childline	0800 11 11	Managing your anxiety Domestic Abuse Helping a friend
Silverline	0800 4 70 80 90	The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.
Emergency	999	If you are in immediate danger

Redcar &	<u>Website</u>	Hub: 01642 771122	Corona Virus Information Business Support Council Service Changes Council Tax & Benefits	
Cleveland Borough Council	Email: support@redcar- cleveland.gov.uk	Customer Services: 01642 774774	Waste & Recycling Adult Care Services School Closures	
	cic relation govian	<u>Frequently</u> <u>Asked</u> Questions	<u>Children & Families</u> Library Services Public Transport	

SCVDA

Redcar &

Cleveland

Voluntary

Development

Agency

<u>Website</u>

Email:

enquiries@rcvda.org.uk

Tel: 01642 440 571

Volunteering:

Complete this form:

<u>Click</u>

We need Community Information

Complete this <u>form</u> if you are part of or are aware of community and voluntary groups who are busy supporting their community. **Chris Cave Foundation**

Email: ccf_p7@outlook.com Tel: 07981991482

Providing a growing foodbank service centred on Redcar

Theresa Cave is the main contact for the organisation but is also supported by RCBC and in particular Vanessa Newlands

Facebook

Ethical Pay Food Store

Harmony Hub

145 High St Redcar

Main: 07456 457967 Tel: Sharon 07543741687 Volunteers Needed to help run our pay-as-you-can shop on **Redcar High Street**

Dementia Friends Champion

Kirsty Flynn: 07738741318

Email: Kirsty.Flynn@alzheimers.org.uk We cant offer face to face support but are doing over the phone support, advice and welfare calls.

Redcar & Cleveland Coronavirus support group

Facebook

Website

Food Bank - Footprints in the Community

Whale Hill Community Association (Limited to the WH Community)

Email: ruth@footprintsinthecommunity.c cannot get to a foodbank o.uk

Lyndsey Peters on 01642 468890. This is the community centre number but they can leave a message.

This group is a place providing information, advice and support where local residents can let everyone know the help and support that is being provided within local communities.

We are also operating a delivery service for those people who

They are running a small foodbank for pensioners and struggling families on the estate and need financial support with it.

Helping the Elderly in Teesville/Normanby/ Southbank that are isolated

HIS Food At His Church

Christine Wyld

nickyjwilko@gmail.com Tel: 07780 111689

hisfood@hischurch.org.uk

Tel: 07771707477

Helping the Elderly in Teesville/ Normanby/Southbank that are isolated

They have pallets of food, for those self isolating and the vulnerable. They do not deliver, based MFC. South Bank and Grangetown have been prioritised for this service.

Redcar Development Trust	frankie- boy@coathammemorialhall.com Tel: 01642 483263	Store / Prepare meals
Normanby Foodbank		St Georges Church Normanby, Fridays: 10am—1pm
Cleveland Bay	thecleveland- bay@live.co.uk Tel: 01642 475757	Store / Prepare meals
Redcar Athletic	kevfryett@hotmail.com Tel 01642 470963	Store
Hope 4 East Cleveland	hope4eastcleveland@gmail.com	foodbank at Brotton Methodist Church. Emma Dacey can refer

Guisborough

Guisborough Community Support Coronavirus

Facebook

guis-

Tel: 01287 638771

Guisborough Bridge Association

07890228851 staff@guisboroughbridge.org.uk Tel: 01287 632921 / 01287 636192

Guisborough Salvation Army

East Cleveland Good

Neighbours Group

Contact name: Linda

White

borough@salvationarmy.org.uk

Volunteer Form

They have bags of food/ toiletries which can be collected from Guisborough Methodist Church or can be delivered

Provision of emergency food items, pastoral help and spiritual guidance.

Marske & New Marske Tel: 0751 5597021 **Community Coronavirus** support service

> For Support Only: 07395 934265 For Organisations: 01642 213852 info@teesvalleyruralaction.co.uk

Facebook

Deliveries of food, meat and cooked meals.

support offering food parcels, chemist runs, friendly phone chat and dog walking from the mobile phone number only. Facebook group and page creating positive campaigns to promote well being re: sunflower challenge, kids crafts bags, knitting challenge with many more to follow.

Lingdale Forum Aimee Preston	<u>Facebook</u>	offering support and recruiting volunteers
Old Co-op Building Loftus Tony Gatehouse	tony.toccb@gmail.com	Offers pf transport support
Doorways Saltburn	Tel: 01287 236006 info@door-ways.co.uk john@door-ways.co.uk	Offering support to young peo- ple aged 13-25 . Leaflet drop Offering support to posting letters, shopping for food, pre- scriptions, friendly chats on phone. Offering support to young people through many social media means. Meet via Zoom Tues-Thurs 3pm.
Saltburn CoronaVirus Response	<u>Facebook</u> Tel: 01287 658133	Collecting shopping Providing help and support Getting in- volved in activities and sup- porting each other



Citizens Advice

Citizens Advice

Website

Facebook

National Help to Claim Line 0800 1448 444 Generalist & Benefit Advice

01642 030000

Monday to Friday- Answerphone delegated twice a day Universal Credit Help to claim

01642 030000

Monday to Friday-Answerphone delegated twice a day

Web Chat Service

Debt Advice 07902674692

8am-6pm, Mon to Fri

Each weekday accept Weds (ansaphone if busy)

First Light Trust Armed Services/Veterans Helpline

07775021615

Beyond Housing

01723 343071 - 07967 465312 stephanie.lake@beyondhousing.co.uk

British Red Cross

MFC Foundation

Community Reserve

Volunteer Website

.uk

Tel: 07974214949

Lee.harding@mfcfounsation.co

Latest Funding—Grants

Heritage Emergency Fund

Open on 15 April



The National Lottery Heritage Fund (NLHF) has set up the £50 million Heritage Emergency Fund to support the heritage sector as an immediate response to the coronavirus (COVID-19) outbreak. The funding is for organisations that cannot secure funding from other sources.

To be eligible, applicants must be:

- A not-for-profit organisation.
- A current or previous recipient of a grant directly from the Heritage Lottery.
- An owner, manager or representative of heritage, or be able to show they have delivered participatory heritage activity.

Tesco Bags of Help COVID -19 Communities Fund

Apply Now

Grants are available to support a wide range of community groups, organisations, charities, schools and other not-for-profit organisations who are supporting vulnerable groups during the coronavirus/COVID-19 crisis.

Barclays COVID-19 Community Aid Package

Details to come



Website

A charity foundation to help deal with the medical and economic crisis caused by coronavirus (COVID-19) and in preparing for the recovery in its aftermath.

Coronavirus Emergency Fund for Destination Management Organisations

Open to Applications



Emergency funding is available to support local tourism organisations in England throughout the coronavirus outbreak.

Arts Council England COVID-19 Emergency Response Fund for Individuals

Open to Applications



Financial support is being provided to individuals in England working in the cultural sector, including artists, creative practitioners and freelancers who have had their work affected by the COVID-19 emergency.

Individual grants of up to £2,500 are available (£3,000 for those with extra costs relating to a disability).

Latest Funding—Grants Sport England— **Apply Now Community Emergency Website** Deadline: 31 Jul 20 Fund Grants to help community sport and physical activity organisations who are experiencing short term financial hardship or the ceasing of operations due to the ongoing coronavirus (COVID-19) crisis. **Tees Valley Small Grants Apply Now** Website Fund Grants are available to local community or voluntary organisations wishing to enhance the quality of life for residents in the Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees areas. **Apply Now** COVID-19 Film and TV Website **Emergency Relief Fund Closing 22 Apr** A fund to support the UK's creative community, which has been severely impacted by the coronavirus pandemic, is now open to applications. **COVID-19 Relief Grants for Apply Now Website** Young Entrepreneurs Funding, coupled with tailored business support, can now be accessed by young businesspeople whose ventures are suffering during the coronavirus pandemic. Arts Council England **Apply Now COVID-19 Emergency Re-**Website sponse Fund for Arts and Deadline: 16 Apr **Cultural Organisations** £50 million available to organisations in the cultural sector, who are not National Portfolio Organisations (NPOs) or Music Education Hubs, to support them during the coronavirus (COVID-19) pandemic. **Apply Now Resource Action Fund** Website **Deadline 22 Apr** Grants are available for businesses and not-for-profit organisations in England to support resource efficiency projects, with the goal of diverting, reducing and better managing waste, in the areas of food, plastics, textiles, recycling infrastructure and litter.

LOCAL BUSINESSES PROVIDING FOOD, DELIVERY OR COLLECTION

Gosnays Butchers & Spar	01287 633035 gosnaysretail@hotmail.co.uk	Delivery of homecooked meals
Nana's Kitchen	01642 909350	Traditional homemade meals
Meals 4 U	01642 487453	Home cooked meals for the elderly (Delivers to Redcar, Marske and New Marske).
Eileen's Traditional Fruit Market	01642 482939	Fruit and vegetables including potatoes (Delivers to Redcar, Marske and New Marske. Delivery free for orders over £15, may be a small charge for smaller orders).
Organically U	01642 270477	Free from and organic food store, as well as household items
Cleveland Bay Redcar	01642 475757	Home cooked meals and sandwiches (Collection only, but can offer delivery to those who really need it).
O'Grady's	01642 477624	Large homemade pies (Collection only)
The Starting Gate	01642 485532	Home cooked meals (Collection and Redcar delivery available).
Vic Thomas Butchers	01642 484813	Traditional butcher shop in Redcar providing meats, cooked meats and pies (Minimum spend £20 for delivery, col- lection also available in-store).
Lazenby Village Store	07568 552441	General groceries (Delivery local to Lazenby only).
Lifestyle Eastbourne Road	07568 552441	General groceries (Delivery local to Lazenby only).

The Teesside Coffee Company	07305318401	Order online at <u>www.theteessidecoffeeco.com</u> . Deliver via post to all areas and take payments online
North Yorkshire Brewery (towards South Gare)		are doing discount and free delivery to all TS postcodes
QFS	01642 249994	Fruit & veg boxes, bread, eggs & milk (Delivers to whole of Teesside, £3 delivery charge).
The Vault kitchen & bar The Wynd Marske	01642 913132	www.thevaultmarske.co.uk Restaurant Meals Delivered

Where are the Chemists in Redcar & Clevela	nd?
Boots 33-35 High St, Redcar, TS103BZ	<u>www.cootsreveal</u> 01642482172
Coopers Chemist Redcar Limited New Medical Centre, Coatham Road, Redcar, TS101SR	<u>www.cooperreveal</u> 01642 485 651
Coopers Chemist Marske Limited 112 High Street, Marske-By-The-Sea, Redcar, TS117BA	<u>www.cooperreveal</u> 01642 485 651
Coopers Chemist Redcar Limited 4-6 Coatham Road, Redcar, TS101RJ	01642 483 861
New Marske Pharmacy 1 Beacon Drive, New Marske, Redcar, Saltburn By The Sea, TS118ES	01642 489246
Lloydspharmacy 31-35 Ennis Square, Dormanstown, Redcar, TS105JZ	<u>www.lloydsreveal</u> 01642 490964
Clevechem Ltd Health Centre, Coatham Road, Redcar, TS101SX	
Clevechem Limited Redcar Primary Care Hosp, West Dyke Road, Redcar, TS104NW	01642 471316
Harrops Chemists, 1 Zetland Road, Loftus , Saltburn, TS13 4PP	01287 640 557
Lloyds Pharmacy - Saltburn-by-the-Sea 26 High Street, Loftus, Saltburn- by-the-Sea, TS13 4HA UK	01287 640301
Well Brotton 5 High Street, Brotton, TS12 2SP	01287 676298
Saltburn Pharmacy, Ground Floor 6 Station Street, TS12 1AE	01287 625045

Chemists

Scott Chem Pharmacy Unit 3 Roseberry Shop Ctr, Lakes Estate, Redcar, TS104NY	01642 486 186
Ww Scott	
15 Roseberry Square, Lakes Estate, Redcar, TS104E	
Asda Pharmacy 2 North Street, South Bank, Ts6 6AB	01642 443810
Boots , Cleveland Retail Park, Skippers Lane Ind Est, TS6 6UX	01642 465058
Boots, 18 Westgate, Guisborough, TS14 6BA	01287 632 365
Boots Pharmacy , Rectory Lane Heath Centre, Rectory Lane Guisborough, TS14 7DJ	01287 632120
Boots 33-35 High St, Redcar, TS103BZ	01642482172
Tesco In-Store Pharmacy West Dyke Road, Redcar, TS102AA	0345 6779836
Tesco, Trunk Road, Eston, TS6 9QH	0345 6719468
Jhoots Pharmacy 1 Embleton Court, Redcar, Cleveland, TS102RF	www.jhootsreveal 01642 485088
Park Avenue Pharmacy Ltd 10 Park Avenue, Redcar, Cleveland, TS103JZ	www.cooperreveal 01642 484 363
Well, 16 Westgate, Guisborough, TS14 6BA	01287 632934
Eston Pharmacy , Unit 1B 135/145 High Street, Eston, TS6 9JD	01642 452379

Chemists

Тахі	
J&P Taxis - Redcar	01642 474849
J&P 28 Chaloner Street, Guisborough	01287 639600
Elite Taxis Redcar 31-33 Lord Street Redcar	01642 756655
P&N Taxis 45 Tyne Road, Redcar	07738 525238
Frontline Taxis Unit 4 Zetland Buildings, Longbeck Estate, Redcar	01642 494949
Frontline 1 Upleatham St, Saltburn, TS12 1LA	01287 626260
Saltburn Taxis 1 Windsor Road, Saltburn-By-The-Sea	01287 623567
A2B Taxis 41 Holybush, Skelton, TS12 2LP	01287 651063 07875 082053
Loftus Taxis 2 Cliff Cresent, Loftus, TS13 4RY	01287 640989
Ace Taxis 18 Cragside, Brotton, TS12 2 FJ	01287 203655
Guisborough Taxi Office 28 Chaloner Street, Guisborough, TS14 6QD	01287 634488
A1 Taxis Middlesbrough	01642 461444
Highcliff Taxis 128 Westgate, Guisborough, TS14 6AW	01287 633622

Taxi

Arriva

2, West Dyke Road, Town Centre, Redcar ·

Stagecoach

Northern Rail Key Worker Timetables

0871 200 2233

https:// www.traveline.info/

<u>Website</u>

Bus and Train

Useful Contacts

(Please be aware than some of these lines will be busier than usual, please be patient and keep trying)

	0200 122 1100
ACAS	0300 123 1100
Business Support Line	0300 456 3565
Citizens Advice	01642 030000
Debt Advice Foundation (Debt Advice)	0800 622 6151
Family Information Service	fis@redcar-cleveland.gov.uk
HMRC's Statutory Payments Disputes Line	0300 056 0630
National Careers helpline vice.direct.gov.uk	0800 100 900 or nationalcareersser-
National Debt Helpline (Debt Advice)	0808 808 4000
Payplan (Debt Advice)	0800 280 2816
Redcar & Cleveland Council	01642 774774
Step Change (Debt Advice)	0800 1381111
Student Finance England student-finance	0300 100 0607 or www.gov.uk/
Student loans repayment	0300 100 0609 or ww/slc.co.uk
Tax Credit Helpline	0345 300 3900
Teesside Student Union -org.uk	01642 342234 or enquiries@tees-su
Tully (Debt Advice) (Online only)	www.tully.co.uk
Universal Credit Helpline	0800 328 5644